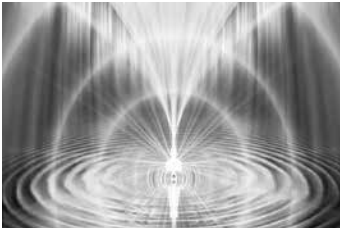


DaBen and Orin's *Awakening Your Light Body Newsletter*

Learn More about the Light Body Path to Higher Consciousness [page LB4](#)

Welcome to DaBen and Orin's *Awakening Your Light Body Courses*

The *Awakening Your Light Body: Keys to Enlightenment* courses offer a unique path of spiritual awakening through experiential, progressive expansions of consciousness that assist you in directly knowing the truth of your being.



Are You New to the Light Body?

Start with the Basic *Awakening Your Light Body* Course, pages LB2, LB8-LB12. We welcome you to the light body path that will assist you in expanding your consciousness at every level of your being.

Transform Your Life with Light Body Graduate Courses

As a light body graduate you can continue to expand your consciousness through our many graduate courses. See the Overview Charts of the light body path to assist you in choosing what courses might be next. Information on pages LB3-LB4, LB13-LB25



Live Graduate Light Body Seminars with Duane and DaBen

Seminars for light body graduates: Read more about DaBen's seminars on pages [LB5-LB7](#) and on our website.

This Newsletter Has Some Wonderful Features

What are [blue](#) and [purple](#) hyperlinks?

Clicking on [blue](#) hyperlink text takes you to our website if you are connected to the internet. Clicking on [purple](#) hyperlink text takes you to newsletter pages within this PDF file.

Navigate with bookmarks

For quick navigation: Click on any of the bookmarks on the left side panel. If the book marks are not visible click on the F4 key.

See [page LB26](#) for other newsletter tips

This page has tips on using the features of this PDF newsletter.

Do You Want to Receive Our Light Body eNewsletters?

Our free light body eNewsletters contain messages from DaBen and Duane and are sent to you 1-4 times a year.

The eNewsletters are not the same as this physical newsletter. [Subscribe online](#) and let us know you are a light body student.

We will also notify you of our worldwide light body meditation events when students join together on the inner planes radiate light, love, purpose, and other qualities to humanity. These occur during the live seminar events.

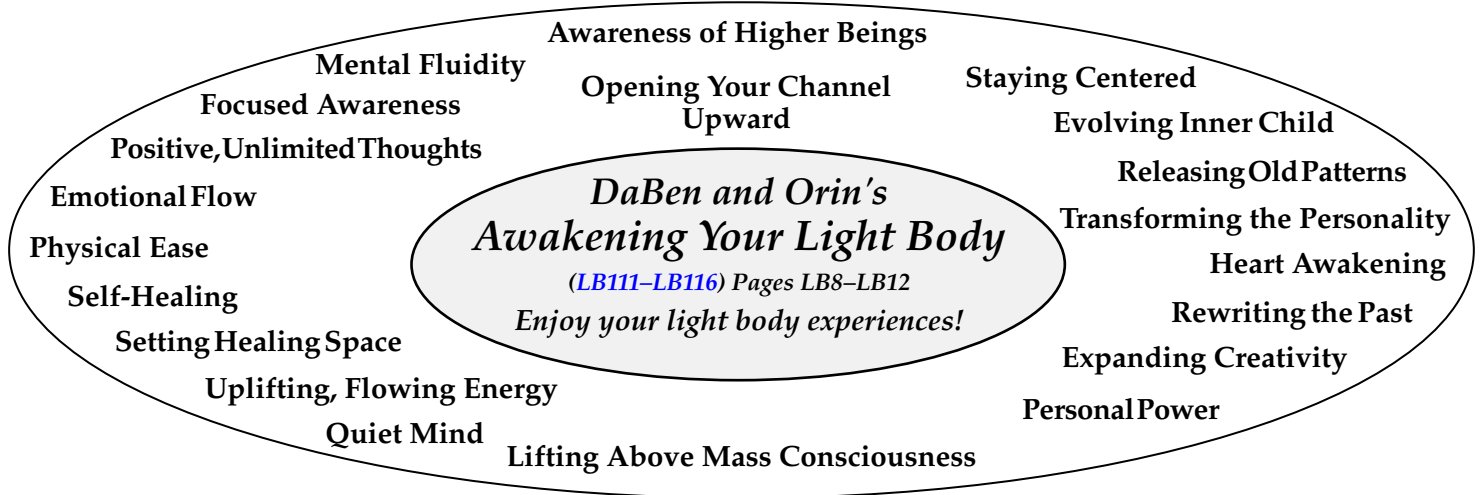


Awakening Your Light Body

Basic Series - Start Your
Light Body Journey with this series.

Awakening Your Light Body: Keys to Enlightenment

Below are some key experiences you may have as you awaken your light body



Why Awaken Your Light Body?

The six-volume *Awakening Your Light Body* courses by DaBen and Orin (LB111-LB116) we call the *Basic Awakening Your Light Body* course. You can awaken your energy centers (not the chakras) that provide the foundation for building a sensory system that allows you to experience and work with increasingly higher and more subtle energies of light that are closer to Source energy. With this, you are able to rise higher in consciousness into a finer, purer awareness where you are less affected by mass beliefs, thoughts, and limitations. This provides the foundation for all the graduate light body courses.

The 74 meditations in this six-part course teach you ways to rise in consciousness. DaBen and Orin will hold a focus of light for you as you take this course and learn how to create your life from a higher level where things are more flowing and loving. The journey continues with graduate light body courses and Duane and DaBen seminars. There is no limit to the beauty, love, and harmony you can experience!

How you experience and live your life is determined by your consciousness. The light body offers a spiritual path of expansion into a greater awareness of consciousness itself, of the Source of your being. As you awaken, build, and expand your light body you become more aware of the vaster universe of which you are a part.

Expanding your consciousness through awakening your light body is immensely practical as well as spiritually uplifting. As you awaken your light body DaBen and Orin will guide you to experience many illuminated states of awareness that are insightful, blissful, and take you beyond thought into direct experiences of beingness. As you expand your consciousness, you can increase your vibration, attract better circumstances

(More information on pages LB8-LB12)

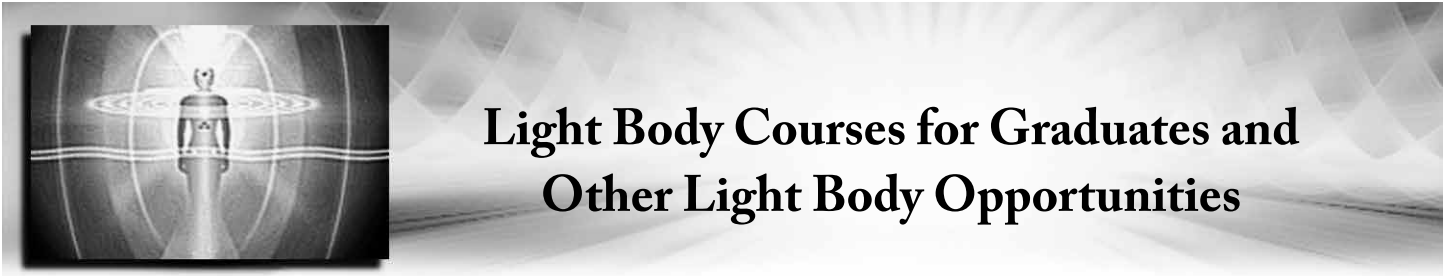
to yourself, experience more flowing emotions, constructive thoughts, and physical well-being.

You can work with the light body centers to experience a stronger sense of personal power and a greater ability to stay centered and emotionally balanced, release old blocks and stuck emotional energy, and respond with love and compassion. You will discover ways to work with your light body centers to be able to choose to experience inner peace more often.

The light body is a vehicle of light you create that allows you to sense and work with higher, finer energies. This vehicle of light makes it easier to transform your personality, connect with evolved beings, and experience higher dimensions, as you explore an increasingly larger universe. Your light body aids you in more easily transforming your consciousness, thoughts, feelings, situations, relationships, and your life circumstances into a higher vibration and experience.

What Is the Light Body?

You have seven vibrational energy body centers and three light body centers (not the chakras) that power and make up your light body. These centers, when awakened, form a vehicle of light that you can use to expand your consciousness and experience increasingly higher, more aware states. Your light body can help you feel more balanced, stable, clearheaded, creative, and able to gain a new perspective on life. Awakening your light body may be your next step of spiritual growth, if it calls to you and feels right to the deepest part of your being.



Light Body Courses for Graduates and Other Light Body Opportunities

Graduate Light Body Courses/ Levels Exploring What Graduate Courses Are Next

Throughout all light body courses you are developing a sensory system that makes it possible for you to lift above ordinary reality and sense higher and finer energies and light beings. Every light body meditation expands your ability to experience energies that are closer to Source.

After completing the Basic *Awakening Your Light Body* courses, you can take the level 2 courses, *Self-Exciting* and *Frequencies* to learn how to work at an energy level to create a more fulfilling, abundant life.

At the *Light Body Consciousness* level 3 you expand into the higher levels of the light body which allows you to sense some of the vast energies and realms that exist all around you that are affecting your earth life.

As you move into the upper levels of the light body, in the *Exploring Infinite Being* level 4 and beyond, you learn to sense higher realms and to “converse” with the very evolved beings who are there.

The focus from level 4 up into the *Luminous Body* level is about the vastness of your beingness. Exploration at these higher levels can give your life new meaning and purpose.



Suggested Study Sequence for Light Body Graduates

We have provided a suggested path of study as indicated by arrows in the Overview Chart on the following page. You can study any level at any time after graduating from the Basic *Awakening Your Light Body* course. However, following the levels, i.e. moving from *Awakening Your Light Body*, to *Self-Exciting* and *Frequencies*, to *Light Body Consciousness* and so on gives you more skill as you move into higher levels.

There are five levels of the light body taught by Duane and DaBen as of 2020 and in the upcoming 2021–2022 seminars. These are:

Level 1: The Basic *Awakening Your Light Body* six-volume course. Completion is required before enrolling in graduate courses.

Level 2: *Self-Exciting and Frequencies* (Building and Filling in Your Light Body)

Level 3: *Light Body Consciousness* (Higher Levels of the Light Body)

Level 4: *Infinite Being* (Upper Light Body)

Level 5: *Luminous Body* (Beyond the Light Body)

There are levels above these, visit our website for information on DaBen’s recently taught *Transforming with Light* series, (LB974-LB977) and the upcoming live seminar series, *Expanding and Creating Light Realities*. (LB981-LB984)



DaBen’s Light Body Journeys Preparatory Singles

The guided meditations below include light body transmissions by DaBen that you can use to experience light body spaces whether or not you have studied the light body. They contain light body transmissions by DaBen that will take you into some wonderful light body spaces and experiences.

To get a sense of the light body energies, you may enjoy listening to any of the following light body journeys. Streaming and download. \$7 each.

- Breathing for Higher Consciousness** (LB002)
- Traveling through the Gridwork of Light** (LB003)
- Knowing Yourself as Energy** (LB004)
- Creating Flow** (LB005)
- Becoming Light** (LB006)
- Increasing Your Radiance** (LB007)

Light Body WorldWide Meditations

Receive and Radiate a New Inner Quality of Light!

Join us on Sunday morning of the Main Seminars (April and October) from 9:00–9:30 AM your time on the inner planes.

Connect with light body students from around the world and receive an energy transmission from DaBen to receive qualities of inner light that are new to the earth plane, then radiate these qualities to others. A written meditation you can use is on our website. Look on the left sidebar under *Worldwide Meditations*, *Worldwide Meditation for Light*.

If you want to be notified of these worldwide meditations, sign up on our website using the right sidebar to subscribe to our eNewsletter. If we have your email address and know you are a light body student, you will be included in our light body email notifications sent several times a year.



New Light Body Graduate Online Seminars with Duane and DaBen

New! Live Audio Feed

Participate in Real time! You can also download or stream the DaBen journeys later, at your convenience. See next page for more information.



DaBen's goal for every seminar is to offer you a significant shift in consciousness that is part of a larger path of reaching new and higher states of consciousness with each light body course.

DaBen's goal for every journey is to offer you an opportunity to have a memorable experience. You can listen again and again, continuing to have peak experiences as you do.

In DaBen's latest seminar series, *Expanding and Creating Light Realities*, you will work with certain beings and your guide to experience your life from beyond the earth plane. You will visit some special places and link with some beings who will open portals to realms beyond the earth plane.

DaBen's Seminar Transmissions Will Assist You in Opening to a Vastly Expanded Perspective of Your Life.

As a metaphor, you might think of living in one room, where your perspective comes just from being in that room. Then one day you walk outside, and see that room is part of a house, with a whole environment around it. It changes your perspective of your room and your life in it. DaBen equates the room to living from an earth plane consciousness. In the upcoming seminars, you will learn how to view your life and to experience your consciousness at higher, more expanded levels, from beyond an earth plane consciousness.

As You Open to the Energies Being Offered You Can Shift into as High a Space as You Are Able to Experience.

Each seminar is designed to be experienced and enjoyed without needing to complete the previous seminars in the series. You can have wonderful experiences at all levels of light body skill.

DaBen Teaches Two Yearly Graduate Light Body Seminars, April and October.

DaBen offers this opportunity for a major shift in consciousness in a concentrated period of time, twice a year, in April and October. There are additional half-day mini-seminars in between to assist you to continue to expand.

Why Teach Five-Day Seminars?

To create this shift, DaBen says he needs to bring through a substantial "packet" of energy all at once, in a short time-frame,

(such as the five-day April and October seminars) so that the energy is complete and extensive enough for it to be established on the earth plane. This allows you to better experience the shift into higher consciousness that is being offered at that particular seminar.

You Can Listen to the Seminar Journeys All at Once or Over a Period of Time.

You can "unpack" DaBen's seminar transmissions over whatever time frame works best for you. DaBen will transmit to you the energies that will assist you in opening to these spaces whenever you listen. Some people participate in the live stream, listening to as many live journeys as they can. Others combine listening to the live stream and the streaming/downloads that are available a few hours after the journeys are presented. Some listen to the full set of seminar journeys over a period of days, weeks, or months. DaBen transmits to you whenever you work with the journeys from his space of no-time.

Each seminar's full complement of energy and journeys are there for you to play with, enjoy, experience, and expand upon whenever you want to do so during and after the seminar times. The feedback we have from people who participated in these seminars has been very enthusiastic.

Discover New Inner Ways to Connect with Others.

It is wonderful to come together during these times to support each other in rising above mass consciousness, opening to a greater light, then offering that light to others and to the world. With the current challenges of connecting with people in our usual ways, DaBen will assist us in the seminar in finding new ways to connect with each other on the inner planes that can be deeply satisfying.

In each of the upcoming seminars, as in all seminars, DaBen will offer you a wonderful shift in consciousness.

More information is [available online](#) and on [pages LB6-LB7](#).



Graduate Light Body Seminars by Duane and DaBen

2021 - 2022 Upcoming Seminar Dates Expanding and Creating Light Realities Series

View our website for current information. Search on the product numbers.

The Main seminars are 3 days, Friday–Sunday.

There are two-day Light Play seminars that follow on Tuesday and Wednesday after the Main seminars.

In each of the upcoming seminars, as in all seminars, DaBen goal is to offer you the opportunity to make a wonderful shift in consciousness.

Part 1: April 16–18, 2021 **Experiencing Reality, What is It?** (LB981) Main seminar.

Part 1: April 20–21, 2021 **Mastering Experience and Senses** (LB715). Two-day Light Play seminar to expand upon and shift your daily life with what you learned in the Main seminar.

Part 2: October 22–24, 2021 **Consciously Flowing with Reality** (LB982)
Part 2: October 26–27, 2021 **Boundless and Boundaries** (LB716) Two-day Light Play seminar to expand upon and shift your daily life with what you learned in the Main seminar.

Part 3: April 22–24, 2022 **Solidity in Flow** (LB983)
Part 3: April 26–27, 2022 **Luminous Creativity** (LB717) Two-day Light Play seminar to expand upon and shift your daily life with what you learned in the Main seminar.

Part 4: October 21–23, 2022 **Being, The Ultimate Reality** (LB984)
Part 4: October 25–26, 2022 **Evolving and Precipitating in Sequence** (LB718) Two-day Light Play seminar to expand upon and shift your daily life with what you learned in the Main seminar.

Prerequisites for all light body seminars: You need to have completed DaBen's *Basic Awakening Your Light Body* six-volume course, or have taken it with a teacher. To participate in the two-day *Light Play* seminars, you will need to have taken the Main Seminar as a prerequisite, as the *Light Play* seminars build on what was taught in the three-day (Friday through Sunday) Main seminars.

Registration Information

You will receive DaBen's ongoing support and energy transmissions just as soon as you enroll, and throughout all his guided meditations whenever you listen to them or practice these states on your own.

Payment: Upon registering with your payment, you will be sent a registration confirmation by Email. Registration and payments must be completed and paid in full before the seminar date, if you want to listen to the live audio feed and/or to the download/ streaming formats of DaBen's seminar meditations and talks as they are posted. It is fine to take the courses after the seminar dates as well.

Times (in California U.S.A.): **Main Seminars** start at 9:00 AM Friday, and end at 1:00 PM Sunday. Tuition is \$575. **Two-Day Light Play Seminars** start Tuesday at 9:00 AM and end Wednesday at 5:00 PM. Tuition is \$375.

Be Among the First to Experience These Energies - an Incredible Opportunity!

DaBen teaches his latest work and offers us energies that are new to the earth plane and are at the leading edge of consciousness during each seminar. You who participate are opening up these energies for yourself and for humanity. Because you will be among the first to open to this new consciousness, you will receive extra support by DaBen and many beings of light during and after the seminar. DaBen's transmissions to you who are among the first to open these energies for humanity include many opportunities for you to lift into much greater light.

People who work with these energies after the initial opening have an opportunity to assist and watch the energies set up. At this point the new energies are easier to find and more stable. Those who follow later will be helping to solidify the development of the new consciousness.

Am I skilled enough with the light body to do well at a seminar?

You can have wonderful, expansive, and breakthrough experiences at all levels of skill as you open up to the energy spaces DaBen is transmitting. Each light body meditation can bring you life-changing realizations and wonderful explorations of higher realms of light. You will experience exactly what you need to shift into higher consciousness in whatever way is perfect for you.

You can experience states of consciousness that are peaceful, flowing, expansive, and very transformative as you participate in DaBen's meditations. Your experience will be amplified by the large number of people focused on expanding into these energies together in a similar time-frame.



DaBen's Graduate Seminar Series

General Information

Light Body Graduate Seminars

General Information

Visit our website for more information.

- DaBen begins transmitting to you when you register!
- DaBen will be sponsoring you throughout your participation. He will transmit the energies that will assist you in getting the most out of the meditations at whatever level of skill and experience you have.
- There are usually 25+ DaBen meditations in the 3-day Main seminars, and 20+ meditations in the two-day *Light Play* seminars that follow the Main seminars. Both seminars will include numerous talks by Duane as well as the DaBen journeys.
- You can submit written questions to Duane during the seminar dates by emailing them to staff@orindaben.com.
- Several of our students provide FaceBook pages you can use to meet and chat with other seminar participants. They also provide Zoom meetings you can participate in once you are enrolled.
- **LIVE AUDIO FEED!** Real time listening and participation with DaBen and Duane.
- **Download and Streaming Options** Several hours after the live presentation you will be able to access Duane's talks and DaBen's journeys which are posted throughout the seminar dates.
- Transcripts of the audio are provided and posted as they are transcribed throughout the seminar.
- Final audio is professionally edited to studio quality and will be available after it is edited, within about 12 weeks. It will include a Zip file with a PDF manual containing transcripts of the seminar talks and meditations.

Online Remote Participation Information

Live Audio Feed! Also Available in Streaming and Download Formats.

All seminars are online with a live audio feed. You can participate in this course by joining in from the comfort of your home or chosen environment. The live audio feed allows you to listen in real time. The talks and meditations will also be posted online several hours later in a download/ streaming format for you to listen to at your convenience.

If you cannot participate during any of the seminar times, it is fine to join in whenever you can. DaBen will sponsor you and transmit to you whenever you are working with a light body seminar journey, as he is aware of your participation whenever you join in. DaBen's transmissions and the energy of the beings of light who will be joining you are not dependent upon time and space to reach you.

Online Participation

When you take the seminar online you can experience the meditations, doing as few or as

many meditations each day as you wish. Many people enjoy radiating the seminar energies to their environment, home, and the people around them.

What is a seminar like?

Throughout the seminar you will be led on 15–35 minute guided meditations by DaBen, preceded or followed by short talks. There will be approximately a two-hour lunch break each day.

Most people find that the light body spaces are much deeper and more profound with everyone running the energy together in a close time frame.

Participants have a wide range of light body skills. Some are taking a seminar for the first time and are recent light body graduates, and some have participated in many seminars. It is a wonderful time to open up to new experiences of what is possible in your life.



Awakening Your Light Body

Awakening Your Light Body: Keys to Enlightenment

It all started one night...

Duane and I were channeling one night when DaBen and Orin began to talk about a higher system of energy than the chakras that was awakening in humanity, called "light body centers." They said that those who awakened their light bodies would create a major evolutionary shift for humanity.

A few years later, Duane felt called to go to the Utah desert to seek power spots. While in these power spots, DaBen began teaching Duane how to awaken his light body centers. In the meantime, Orin was giving courses in spiritual growth, teaching people how to stay balanced and to integrate all the light they were bringing in. He was teaching people how to grow spiritually, to become their higher selves, and to make soul contact.

Orin and DaBen combined these teachings to put together a course in awakening your light body. We invited people to take a series of classes, and followed their progress for several years.

As people awakened their light bodies, the improvements in their lives were beyond anything we had imagined.

We are offering this audio course to you. It uses the same processes we taught in the live classes. Now, years later, many thousands of people have awakened their light bodies using the techniques taught by DaBen and Orin, either through taking the audio course or through studying with a Light Body teacher.

As people awaken their light bodies, they write and call to tell us about the changes in their lives. They say they are more able to stay calm and centered, be transparent to other people's emotions, change their thoughts, and achieve expanded states of consciousness. Many report a much stronger sense of self-identity and personal power. Most reported improvements in their personal relationships.

Prior experience with meditation or higher states of consciousness is not needed to awaken your light body.

Awakening your light body does not involve a prior skill with meditation or higher states of consciousness, but simply a willingness to practice, be playful and inventive, and make a commitment to your growth. The more you use these techniques the more results you will experience.

We want to add that no one's life became perfect all the time, for enlightenment is a continual process of growth and unfoldment. It will assist you in growing spiritually and evolving to your next level. As you grow spiritually, you will still have challenges and lessons that are opportunities for growth. However, as you become more radiant and filled with light, you will have more ways to move through these lessons with greater ease and joy.

To successfully use your light body skills does require energy and intent on your part. We look forward to having you join us as you awaken your light body. ~ Sanaya

Some comments from our light body students:

"It feels so good to know my spiritual growth is unfolding."

"I have a clearer sense of what is on my path and what is not."

"My writing is taking off—ideas are flowing and my work is finally coming together."

"I feel this is something I have been waiting for all my life. I am reaching states of consciousness that are beyond any I have ever imagined."

"My channeling is clearer and the information is more profound."

"I have studied many things, but nothing I have ever studied has created such immediate, profound changes in my thinking and life."

"I have a calmer mind. Regular meditation never worked like this!"

"I can now separate my energies from other people's."

"A greater sense of joy and love is the most noticeable change. I am meeting wonderful people everywhere I go."

"I love this course! Since the light body work started, my life has gotten very exciting!"



Awakening Your Light Body

Free Thaddeus Download Music Track with Each Album Ordered

Are you ready to take the Awakening Your Light Body course?

How can you know if you are ready to take the *Awakening Your Light Body* course? We have prepared some questions to help you determine if you are ready.

1. Have you been on a path of spiritual growth for a while? Are you ready to be on an accelerated path of growth?
2. Are you interested in experiencing expanded states of consciousness?
3. Is finding and living your higher purpose important to you?
4. Are you open to the new? Are you willing to let go of those things that no longer serve your higher good, and to create those things that do?
5. Do you believe that you can create your own reality?
6. Are you drawn to such things as meditation, learning how to channel, developing your psychic or clairvoyant abilities, or other things that expand your consciousness?
7. Is your spiritual growth important to you and are you willing to devote time and energy to it every week?
8. Are you receiving inner guidance to create new things in your life, to put more time and energy into your higher path and purpose?
9. Are you sensitive to energy? Do you want to learn more about subtle energies and how to work with them?
10. Do you believe you deserve to have a joyful and abundant life?

If you answered "yes" to many of the above questions, you may be ready to awaken your light body. Go within and ask for guidance if awakening your light body is your next step.

Part 1: Building Your Power Base

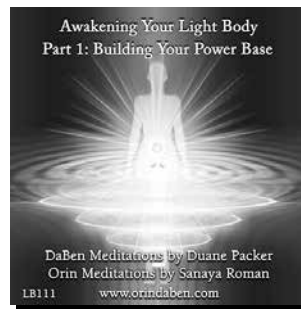
DaBen will guide you to awaken your first three vibrational energy body centers that create the power base for your light body. When these centers are awakened, you can stay calm and peaceful, release "stuck" emotions, and experience greater physical well-being and flowing emotions. These are the centers you will work with throughout your light body studies to have the power and energy to go higher.

Orin will guide you to view your life as if you are a master, giving yourself advice about your daily activities, career,

relationships. You will connect with a highly evolved Master to unlock your hidden resources to fulfill your potential. You will be guided to start visualizing yourself as a fully

awakened, enlightened being. Orin shows you how to evolve your inner child, release old patterns, and prepare for the accelerated growth that can occur as you awaken your light body. Includes extensive written material, drawings of the light body, answers to commonly asked

questions, journal notes, 12 audio meditations, transcripts. 5 CDs LB111D \$99 Download, Streaming LB111E \$89



Part 2: Opening Your Heart Center

DaBen teaches you how to awaken and work with a center near your heart called the Ranthia. As you work with this center you can experience wonderful states of flow, peace, harmony, and love. This is the energy center between your lower and higher centers. With your power base you have filtered out lesser denser energies for greater emotional peace and physical well-being. With this center you send all uplifting, flowing energies up to your higher centers for flowing, creative, positive thoughts. You can experience more compassion for yourself and others, clear other people's energy from your aura, and learn ways to help

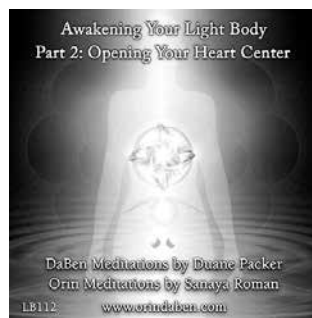
other people that are powerful and work. Orin will guide you to awaken your inner healer for self-healing.

DaBen will show you how to increase the flow of energy in your physical body and to release muscle pain. You will learn ways to "stay neutral" around others and to set a healing space for others. You will meet beings of light who can teach you about love. Prerequisite:

Part 1. Courses must be ordered in sequence. Includes written material, answers to commonly asked questions, journal notes, light body drawings, 12 audio meditations, and transcripts.

5 CDs LB112D \$99

Download, Streaming LB112E \$89



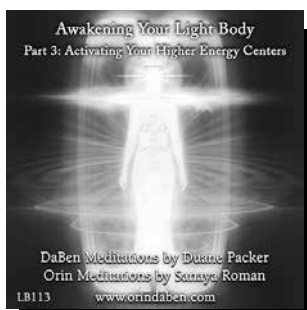


Awakening Your Light Body

Free Thaddeus Download Music Track with Each Course Ordered

Part 3: Activating Your Higher Energy Centers

Work with your upper energy body centers that assist you in awakening your higher mind. You will work with your mental body to experience higher, more positive and unlimited thoughts. DaBen will show you how to watch your thoughts as they set up, then add a higher frequency to them. You will explore states of consciousness that expand the way you think, bringing illumination, insights, and focused awareness. You will learn ways to have a quiet mind and to stop mental chatter, to go through the void, and to experience more light. You will learn how to get into states of flow that open up into the light body, beyond

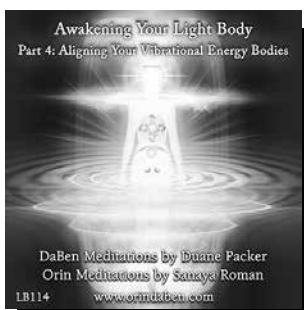


thought into pure experience. You will continue the process of transforming your personality that you began in the first two courses.

You will start learning how to manifest what you want that is in accordance with the higher purpose of your life. Orin will guide you to view and bring through knowledge from past lives. You will rewrite your birth in a way that will change your picture of who you are. Prerequisite: Parts 1, 2. Contains 12 meditations, extensive written material with information, instructions, commonly asked questions, journal notes, and transcripts. 5 CDs **LB113D \$99** Download, Streaming **LB113E \$89**

Part 4: Aligning Your Vibrational Energy Bodies

Work with the centers you have learned in Parts 1–3 to feel the way you want to feel. Learn how to quiet your thoughts, feel energized if you are tired, recharge at a core level, enhance your inner vision and psychic abilities, and experience subtle energies and heightened states of awareness. You can become more aware of subtle, higher energies, and learn how to add higher frequencies to your aura. A wonderful album of light body states and ways to play with the vibrational energy body centers.



Orin guides you to view what it is like to live in higher, more refined energies and how to create more light and abundance.

Open your channel to your Higher Self and a guide. Work with the Masters to reprogram your DNA. Prerequisite: Parts 1–3. Contains 12 meditations

and extensive written material with information, instructions, commonly asked questions, journal notes, and transcripts of the meditations. 5 CDs **LB114D \$99** Download, Streaming **LB114E \$89**

To Enroll...

Course is available in streaming, download, and CD format. You can order the MP3 version of these courses and have instant access to them and save shipping costs.

The course in CD format will be mailed within 1 business day of receipt of your order. You can order one or more courses as follows:

Order Part 1: Building Your Power Base, which contains:

- 12 meditations by DaBen and Orin.
- Extensive written material with information about the centers, answers to commonly asked questions, a place to record your experiences with the meditations, and step-by-step instructions.
- PDF manual comes with MP3 Download and Streaming, printed manual comes with CDs. Both contain transcripts of audio.

Special Offer: Save \$40!

CDs: LB111D–LB116D if ordered at the same time: **\$554** (regularly \$594)
MP3 Downloads, Streaming LB111E–LB116E if ordered at the same time: **\$494** (regularly \$534).

Option 1

Buy one course at a time.

Specify product number (such as **LB111D** for CDs, or **LB111E** for MP3 downloads and streaming) and pay either the CD or MP3 cost for Part 1 and for each succeeding part when you are ready.

Option 2

Order more than one course at a time.

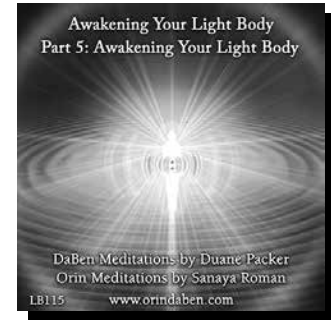
We have various prices, depending on how many parts you order at a time. Visit our website for more offer information.

Part 5: Awakening Your Light Body

You have learned the vibrational energy body centers and now it is time to awaken your light body! The first two light body centers you can awaken in this course will assist you in experiencing states of joy and bliss, inner visualizations, feelings, and sensations that are beautiful beyond words.

Orin will guide you to "breathe with the universe" and experience Oneness. You can begin to exist both in this dimension and to become aware of other dimensions you exist in as your soul and spirit. You will connect soul-to-soul with loved ones

to transform your relationships and to radiate light to others. Journey to the Temple of the Masters to clear and purify your aura. Learn how to become a source of light and call to you those who can respond to the light you are radiating—friends, loved ones, students, and beings of light. Prepare to become a powerful worker of the light and a spiritual leader, teacher, or healer. Prerequisite: Parts 1–4. Contains 12 meditations, extensive written material with information, instructions, and transcripts. 4 CDs LB115D \$99 Download, Streaming LB115E \$89



Part 6: Becoming Radiant

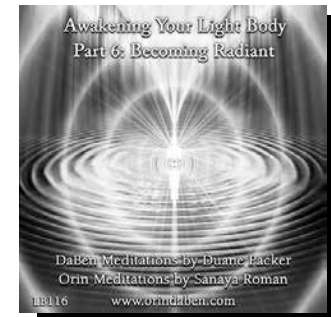
Awaken the final light body center, called the Vee, that works with the first two you learned. Travel into Oneness and experience the incredible feelings of beauty, joy, and peace as you do. This center connects you directly with light from the higher realms. It regulates, filters, and integrates the light you bring in. As you play with this center you can travel into the void and experience other dimensions.

Orin teaches you how to build the cord upward to your soul to experience your soul's reality. You will work with your personality to help it hold, in a balanced way, the enormity of the perspective you are gaining of the universe, your soul, your higher purpose, and the

many insights you may have as you experience the universe in new ways.

With this center you have completed the basic *Awakening Your Light Body* course and are now eligible for graduate light body courses. You have made an evolutionary leap into new consciousness. Your level of personal power, ability to change your life and circumstances, to positively affect others, and to experience many higher states of consciousness has greatly increased. You are becoming a radiating source of light. Prerequisite: Parts 1–5. Contains 14 meditations, extensive written material with instructions, information, space for notes, transcripts, and a Sponsor's Guide. 7 CDs LB116D \$99 Download, Streaming LB116E \$89

Free Thaddeus Download Music Track with Each Course Ordered



Upon completion of all six *Awakening Your Light Body* (LB111–LB116) courses you are eligible to:

- Attend graduate light body seminars, in person or remotely, online.
- [Sponsor friends](#) and loved ones using your audio meditations as you will learn in Part 6 of the course.
- Take graduate light body courses.

Light Body PDF Booklets

Light Body PDF booklets with transcripts and color light body drawings are available online. If you purchased the albums from *LuminEssence*, you can set up a member's account on our website, then view your Member's Special Offers where you can order the PDF booklets. We no longer carry tape or CD booklets. If you do not own the albums, call us for information.

Upgrade Your Light Body Tape Albums for 50% off to CDs, or Streaming and Download

You can upgrade any tape albums you purchased for 50% off the download price. All download audio is studio quality and comes with beautiful cover art, and a PDF manual with transcripts and color pictures of the light body for LB111–LB116.

Note: Go to our website, log-in to your member's area and view your account to see what product discounts you may be eligible for. If you do not have a member's account with us and you want to have access to your prior orders, you will need to contact our office.

Awakening Your Light Body Expanded Course



You can study this course after graduating from the light body to explore further developing your light body centers. You may also want to proceed to the self-exciting and frequencies courses if you are following the recommended course of study. Originally taught as a live seminar, this studio quality course contains 22 meditations by DaBen and many talks by Duane about the expanded light body centers. 9 CDs LB931D \$150 Download, Streaming LB931E \$125

Orin on the Light Body

Have you been wondering what's next? Have you been seeking a guided path of spiritual growth? Have you been ready for a quantum leap but not known how to make it happen?

This course, composed of 6 volumes, has been created by DaBen and me for you who want to experience expanded states of consciousness and to grow spiritually. These guided meditations have been carefully planned for your success. They are designed to take you step-by-step, in a balanced, integrated way, to the awakening of your light body. DaBen and Orin have also provided easy-to-follow instructions.

As you listen and open these centers, you may experience new levels of harmony, peace, inner visualizations, creativity, ideas, telepathic connections, love and compassion, and many more expanded, higher states of consciousness that are beyond description.

Because using these techniques creates profound changes in your life, I have prepared meditations to assist you in integrating these changes at a personality level. I provide processes to transform your personality, open the channel to your soul and guide, and to discover your life purpose.

We are calling those of you who are truly committed to your growth and ready for a quantum leap to awaken your light body. When you enroll in this course, DaBen and I will immediately begin sending you energy to assist you in successfully awakening your light body. ~ Orin

Awakening your light body enhances any path of growth or study

If you are a writer, musician, artist, teacher, healer, or in any creative field, awakening your light body can assist you in achieving the inspired and intuitive state of consciousness needed to excel at your work. If you are teaching or working with others, it will make you more magnetic to clients and students. Your light body opens doorways to the higher realms of light. Experiencing the consciousness your light body opens can enhance any path or techniques you are using and enjoy.



Start with the intention to get the most out of this course

When you enroll, we ask that you have the intention to expand your consciousness in every possible way, and to be open to all the shifts being offered to you as you take this course. We estimate completion time of this course to be three to five months, and some people take a year or longer.

Light Body courses are not therapeutic in nature

As a part of simply being alive, you will experience various situations that challenge you emotionally, physically, mentally, and spiritually. Awakening your light body does not create these challenges, nor does it create physical, emotional, or mental illness. None of the light body courses are meant to be therapeutic in nature. They work at another level to take you into higher spaces and to assist you in bringing those spaces back into your ordinary life. If you have any history of, or are currently in treatment for mental illness, such as manic-depressive, bipolar, schizophrenia, or other mental or emotional problems, *do not* take any light body courses until you have the consent of a qualified psychotherapist.

Light Body Teacher's Course

Orin and DaBen's

Radiance:

Transmitting Light

Awakening Your Light Body Teacher and Sponsor's Course

Radiance: Transmitting Light is for you who want to teach the Basic *Awakening Your Light Body* course, as well as for anyone who wants to learn more about transmitting light. Learn how to transmit the sounds of the centers as DaBen does to teach people how to awaken their light bodies. Experience the pure energy of the centers, find stable places to transmit from, and acquire greater skill with the light body centers. Learn how to create and transmit states of physical ease, emotional flow, and mental fluidity. Orin will support you to meet and blend with your guide.

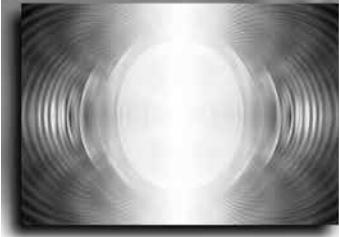
Learn how to use light body skills to call your students and to set the energy for your classes to be successful in teaching. Includes talks by Duane and Sanaya about teaching challenges, commonly asked questions, and guidelines for teaching. Contains 24 meditations by DaBen and Orin, transcripts, and extensive written material. 10 CDs LB851D \$150 Download LB851E \$125

To support you in your teaching we will:

- List you on our website as a light body teacher.
- Transmit to you and your students during your class dates.
- Allow you to use **Thaddeus' music** for your classes, royalty-free.

To support us in keeping the light body as a pure teaching, and to make this an equal energy exchange, we ask you to provide us with a signed Teacher's Agreement.

This agreement is available in the free Teacher's Guide (LBT) and in the back of the manual that comes with the *Radiance: Transmitting Light* course.

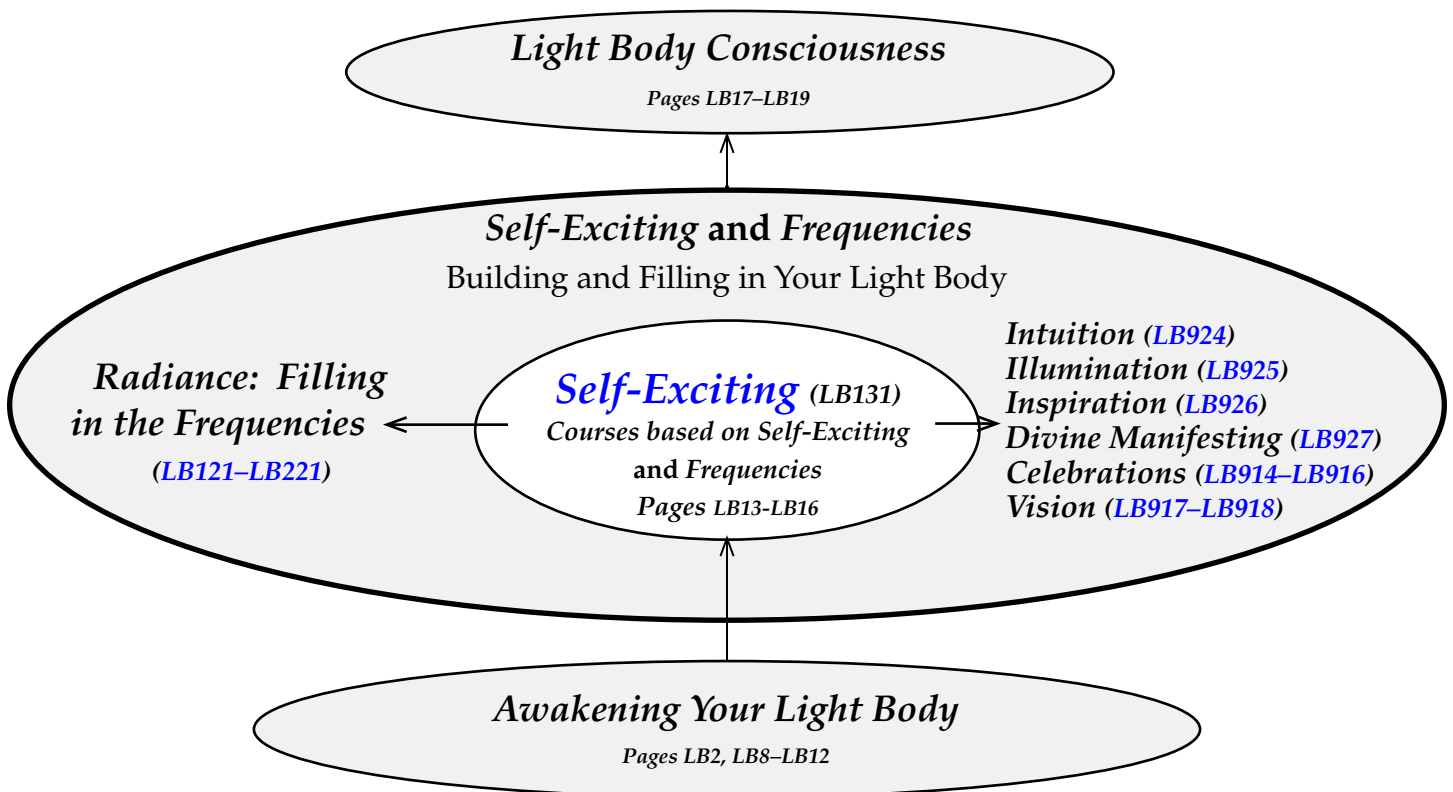


Self-Exciting and Frequencies

Graduate Light Body Courses

Overview of *Self-Exciting* and *Frequencies* Study Path Showing Levels Above and Below

DaBen's *Self-Exciting* course (LB131) and the energy skills you will learn will support you in getting the most out of all graduate light body courses. It is a suggested next step after graduating from the basic six-volume Light Body series.



Self-Exciting and *Frequencies* skills will enhance your experience at all levels of study

The self-exciting and frequencies skills set the foundation for retaining your experience of the light body. They develop your ability to sustain and maintain your consciousness as you move into higher levels of reality. These skills can be used to both open up to higher realms and dimensions, and to bring the light, understanding, and insights you gain into your everyday reality.

The skills that DaBen teaches in *Radiance: Self-Exciting* (LB131) can support you in having a fuller

experience of the lightbody energies and spaces at all levels of study. The self-exciting and frequencies skills are a recommended next course of experience after awakening your light body.

These states of consciousness can assist you if you have trouble staying awake, suddenly find yourself in ordinary reality after being in a high space, feel you are not getting anything, or if you have too much mind chatter.

These skills help you surrender and

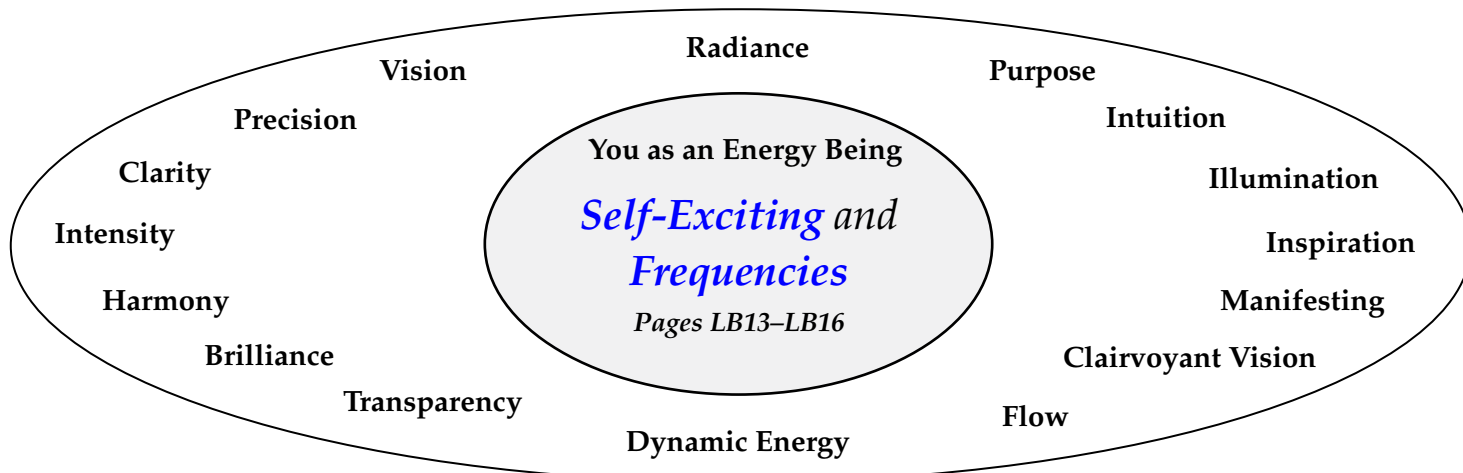
open up to whatever experiences are there for you, stay in the flow, on an upward spiral, able to sustain higher spaces. The frequencies skills enhance your ability to experience and sustain self-exciting states, and to fill-in your light body.

We have many courses to assist you in learning more about self-exciting and frequencies and using them to create real and practical results in your life. Enjoy and benefit from your exploration of these vital skills.

~ Duane and Sanaya

Self-Exciting and Frequencies—Key States and Qualities Overview

(Some key experiences you may have as you explore self-exciting and frequencies)



Radiance: Self-Exciting

DaBen: Self-exciting is a skill and a state on which many other lightbody skills and states of consciousness are based. If there is one graduate course to take, it would be this one as it teaches you self-exciting states that make it possible to have a fuller experience of all of the graduate light body courses.

Self-exciting is an essential skill for learning to surrender and let the light body experiences happen, where you are a part of the flow, and where you are in a stable place that allows the light body experiences to unfold more easily. In a self-exciting state, it is easy to be carried by the energies.

There is no sense of self-criticism or self-judgment. You have mental fluidity—when thoughts come up, there is no emotional attachment to them; they are simply there. There is a feeling of oneness; you sense the way you fit into everything else. You are supported by the energies about you and have the experience of “everything working.”

When your energy and light become self-exciting, everything you do contributes to increasing your light. Your mind is clear and your thoughts flow one into another without circling around. Each thought brings you a new idea, clarity, or greater insight into what you are thinking about. You are more creative, intuitive, and aware of your



inner guidance. Your emotions are flowing, peaceful, and harmonious. Your heart is open; you have no need to protect or defend yourself because you can use all the energy around you to go higher, even if it is what you used to call “negative energy.”

Being in self-exciting states opens the potential for you to experience having no thoughts. You discover ways to just be, allowing yourself to know your true Self beyond your thoughts and personality.

You lift and enhance everything you transmit your radiance to—people, projects, circumstances, your light body, and the animal, plant, mineral and earth kingdoms.

Mastery of self-exciting opens doorways to profound experiences. 11 CDs LB131D \$195

Download, Streaming LB131E \$175
Transcripts are not included; you can order separately as LB131T.

Orin's Meditations to go with this course: *Solar Radiance* SL104 on the other side of this newsletter.



Radiance: Self-Exciting Expanded

For graduates of DaBen's *Radiance: Self-Exciting* course. Learn how to stay in flowing, higher-energy states by surrendering, allowing, and getting beyond thoughts into pure experience. 28 DaBen meditations, PDF with transcripts, and talks. 11 CDs LB932D \$150 Download, Streaming LB932E \$125

Radiance: Transmitting Self-Exciting Teacher's Course

Teaching Self-Exciting and Frequencies

To teach the self-exciting states and the first 4 frequencies, you will need to complete this *Radiance: Transmitting Self-Exciting Teacher's* course, and send us your Teacher's Agreement. When you meet all other qualifications, you will be eligible to teach the self-exciting skills, and the first four frequencies of Vision, Precision, Intensity and Clarity. To teach the Harmony, Brilliance, and Transparency frequencies you will also need to take DaBen's *Radiance: Filling in the Frequencies Expanded* course (LB933) on page LB15. The *Self-Exciting Expanded* course above qualifies you to teach the Vision, Inspiration, Illumination, and other courses that use Self-Exciting states. (See chart on page LB13).

Much information about teaching *Self-Exciting and Frequency* courses is in the Teacher's Guide that comes with this course. 12 Meditations by DaBen with talks by Duane. 6 CDs LB852D \$150
Download, Streaming LB852E \$125



Radiance: Filling in the Frequencies



Frequencies of Precision LB122



Frequencies of Vision
LB121



Frequencies of Intensity LB123



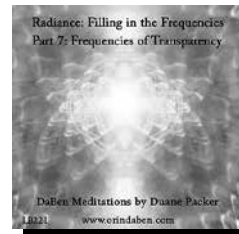
Frequencies of Clarity LB124



Frequencies of Harmony LB125



Frequencies of Brilliance LB126



Frequencies of Transparency LB221

Sanaya: This is a wonderful next step after awakening your light body to build your light body. The frequencies are the purest energies of light. As you work with the frequencies you gain qualities of consciousness that change how you experience your mind, thoughts, emotions, consciousness, and ordinary reality. DaBen offers the experience of four incredible frequencies in each of the seven *Frequencies* courses.

The *Radiance: Filling in the Frequencies* courses assist you in exploring and experiencing many new qualities of consciousness that are immensely practical and that will positively affect your ordinary reality.

Orin provides wonderful guided meditations to transform your life and consciousness.

**Each Frequencies course is
CD \$89 Download \$79**

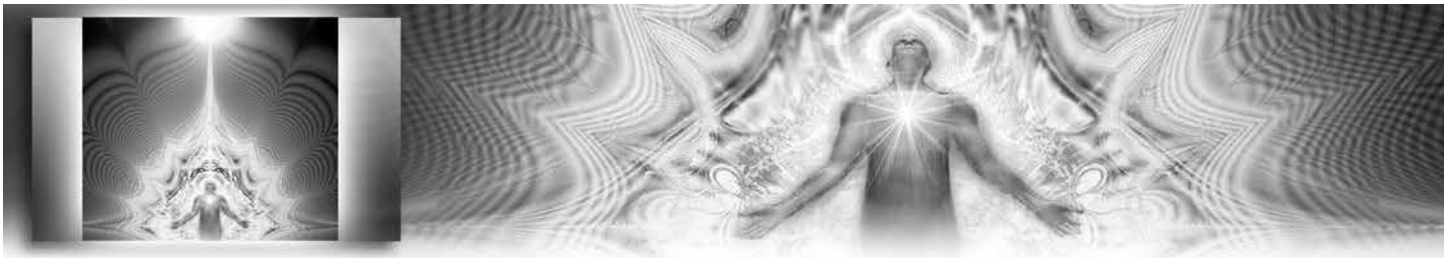
Special Offer: Save \$70!
Buy all 7 CD Frequencies courses at the same time for \$553.
Purchase all 7 download/streaming albums at the same time for \$483.

Visit our website for more [detailed information](#). Each course contains 12–15 meditations and is approximately 5 1/2 hours in length. There are usually 4 Orin meditations and 8–11 DaBen meditations, plus PDF transcripts of all meditations. The frequencies are can be studied before or after the *Radiance: Self-Exciting* course.



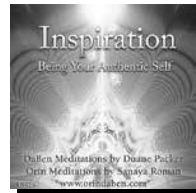
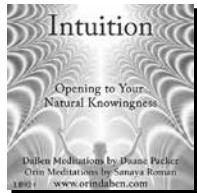
Radiance: Filling in the Frequencies Expanded

For graduates of DaBen and Orin's *Radiance: Filling in the Frequencies* courses (LB121–LB221). Learn new frequencies and a state where you are in touch with the Source of your being. Work with the unmanifest potential in each frequency to be able to manifest more of your potential. 22 DaBen meditations, talks, and transcripts. 9 CDs LB933D \$150
Download, Streaming LB933E \$125



DaBen and Orin's Intuition, Illumination, Inspiration and DaBen's Manifesting Courses (Orin's meditations in these courses are available separately)

There are special offers for many of these courses; visit our website or call for set discounts.



Intuition

Opening to Your Natural Knowingness

Experience clear ideas, intuitive insights, and inspired thinking. Work with a powerful quality of Divine Will that deepens your intuition. 10 Orin, 10 DaBen meditations, talks, transcripts. 8 CDs LB924D \$150
Download LB924E \$125

Illumination

Awakening Your Higher Mind

You can experience pure knowingness, have clear, focused, inspired insights and thoughts. Learn a quality of Divine Will to awaken your illumined thinking. 10 Orin, 11 DaBen meditations, talks, transcripts. 8 CDs LB925D \$150
Download LB925E \$125

Inspiration

Being Your Authentic Self

Learn the "inspiration state," so you can more effortlessly "be" your authentic self. Connect with Divine Will to live as your true self; to know, speak and live your truth. 11 DaBen and 19 Orin meditations, talks, transcripts. 12 CDs LB926D \$150
Download LB926E \$125

DaBen's Divine Manifesting

13 guided meditations and talks with transcripts of both. 6 CDs LB927D \$150
LB927E Download \$125. Additional information available online. This course was made to work with Orin's Divine Manifesting courses.

Celebrations of Radiance by DaBen and Orin



Peace: Living Your Life Purpose

Connect with your soul and higher self to learn more about your life purpose, receive gifts of light from many evolved beings of light. 18 DaBen and Orin meditations, talks, transcripts. 8 CDs LB914D \$89
Download LB914E \$79



Higher Will: Manifesting with Ease

Manifest with ease as you solidify your connection to all life, to all levels of your being, and to the seven qualities of Divine Will. 21 meditations, talks, transcripts. 9 CDs LB915D \$89
Download LB915E \$79



Joy: Beauty and Perfection of Being

Grow through joy and be at peace with your life and challenges. 18 DaBen and Orin meditations, talks, transcripts. 8 CDs LB916D \$89
Download LB916E \$79

Save \$42! Buy all 3 CDs at the same time for \$225
Buy all 3 Downloads at the same time for \$195

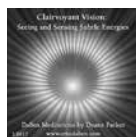
DaBen's Vision Courses

Vision: Seeing and Sensing Subtle Energies



Explore how to clairvoyantly sense your own energy and the energy of other people using special self-exciting states DaBen teaches. 12 guided meditations, talks, and transcripts. 5 CDs LB917D \$79
Download, Streaming LB917E \$69

Vision: Creating Your Highest Future



Change and improve what you are drawing to you and live your life purpose more fully. 11 guided meditations, talks, and transcripts. Experience new and powerful light body states for setting up your highest future. 5 CDs LB918D \$79
Download, Streaming LB918E \$69

Save \$33! Buy both Vision CDs at the same time for \$125
Buy both Vision Downloads at the same time for \$105

Introduction to Clairvoyant Sight: Duane Talk and Guided Meditation by DaBen Open your clairvoyant sight and begin to sense auras and to begin seeing clairvoyantly. Talk and Meditation D001E \$13.95 2 tracks



DaBen's Light Body Consciousness Graduate Light Body Courses

Light Body Consciousness courses follow the *Self-Exciting and Frequencies Level* as a next step of light body expansion and exploration. In the *Light Body Consciousness* courses you will be developing a light body vehicle that can sense and experience energies closer to Source. You will reach into the upper levels of the light body to sense energy on a grand scale, with a planetary and extra-planetary perspective. You will learn how to change the nature and structure of your awareness and learn how to manifest from this level.

Duane: DaBen and I have created the *Light Body Consciousness* courses as a teaching which offers you an extraordinary opportunity to learn how to enter into very expanded states of consciousness. As you progress through the courses DaBen assists you in learning how to enter into states where time becomes non-linear and simultaneous, where your mind is still, divine love is seen shining through all events, and the meaning of cause and effect changes.

Light body consciousness offers you a powerful opportunity to consciously accelerate your spiritual evolution. With *Light Body Consciousness* courses (as well as the *Building Your Consciousness* series) you are building a vehicle of awareness that allows you to enter into and create from the realms of unmanifest potential, where all possibilities exist. This expands the potential that is possible for you to experience and create.

Lightbody consciousness is about unity, harmony, and flow between you and all the energies around you.

Your light body can be a sensory vehicle for planetary and extra-planetary consciousness.

With lightbody consciousness you will be going inside your own consciousness to understand how you experience and construct reality. You will learn how to deepen your intuitive awareness and experience fresh, original thoughts and ideas that put you in a higher flow and open up new possibilities for your life. You can transform your perceptions, habits, intellect, reactions, attitudes, thoughts, and emotions.

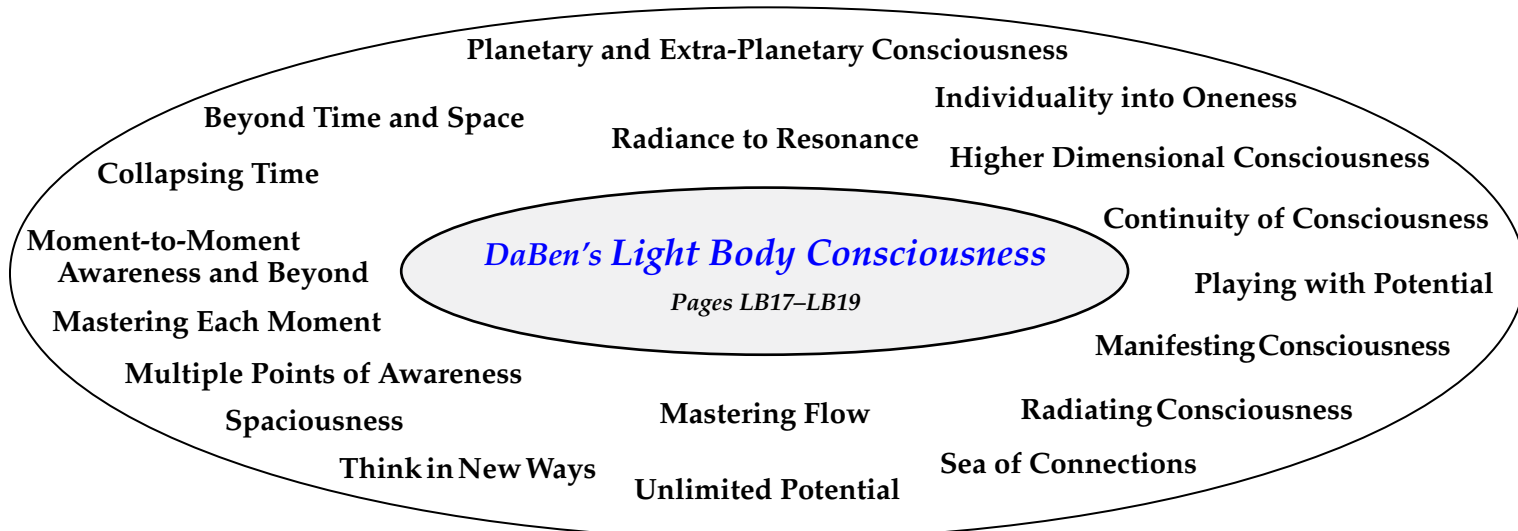
You will learn how to radiate light to your earth plane presence to bring your experience of it into resonance with the higher levels of your being so you can know more joy, opportunity, and abundance. We have an opportunity to create a planetary shift in your and humanity's ability to experience Oneness.

You can have greater understanding about why you are on the earth plane, expand the choices available to you, and experience how free you really are to create an abundant, loving, and purposeful life.

There is so much potential in every moment — potential for shifting energy, opening and expanding into new awareness and understanding, potential for expressing higher energies in ways that bring you joy, love, abundance, and fulfillment — that once you are aware of it you can continuously experience your life in new and wonderful ways.

DaBen's Light Body Consciousness Courses

States of Consciousness You Can Experience in These Courses





Light Body Consciousness

Light Body Consciousness Graduate Light Body Courses

Levels 1–5 These are the primary courses to experience light body consciousness

DaBen’s goal with these five courses is to create a shift for each of you and for humanity that in a significant, lasting, and new way, expands how individuality (the *you* that you know) can express itself. You can then live in cooperation with all the energies about you, and those in higher realms and dimensions as well.

- Series consists of five (5) DaBen *Light Body Consciousness* courses, with DaBen meditations and talks by Duane. Audio is professionally edited and is studio quality.
- Prerequisite: You will need to be an *Awakening Your Light Body* graduate, having learned the light body through *LuminEssence* or a qualified teacher.
- It is highly recommended that these courses be taken in order, starting with *Level 1, Perceiving Energy, Developing Dimensions*. These are progressive, sequenced courses, and you will need to complete each level before moving onto the next level, as each level builds on the previous level. You can study at any pace that is right for you. Available as MP3 Downloads, Streaming.
- **You will receive transmissions from DaBen** and from many beings of light throughout the course to support you in making this shift of consciousness.
- **Orin meditations are included with Levels 2, 3, 4, and 5** to further assist you in making the transition to a new consciousness.

Visit www.orindaben.com for more information on each level.



All courses below include PDF manual including transcripts of the journeys.

- **Level 1: Light Body Consciousness—Perceiving Energy, Developing Dimensions.** 19 DaBen meditations and talks by Duane. **LB941E \$200**
- **Level 2: Light Body Consciousness—Discovering Equilibrium, Becoming Discernment.** 20 DaBen meditations and talks by Duane. **LB942E \$200**
- **Level 3: Light Body Consciousness—Creating Focus, Mastering Flows.** Contains 21 DaBen meditations, talks by Duane, and 3 Orin meditations called *Expansions of Self*. **LB943E \$200**
- **Level 4: Light Body Consciousness—Precipitating Shift, Manifesting Consciousness.** Contains 22 DaBen meditations, talks by Duane, and 10 Orin meditations called *Birthing New Consciousness*. **LB944E \$200**
- **Level 5: Light Body Consciousness—Being, Beyond Experience and Choosing to Express.** Contains 23 DaBen meditations, talks by Duane, and 4 Orin meditations called *Transitions to a New Consciousness*. **LB945E \$200**
You can save \$200 if you purchase all five courses at the same time, cost is \$800. Special offer not available online; to receive the discount Email us.

Feedback from Graduates of the Light Body Consciousness Courses

Participant: I jumped into this, not knowing exactly where it would go or what it would lead to. I sensed that there was a level of spiritual growth here that the masters have talked about through the centuries and eons, and that is what I have been looking for. The *Light Body Consciousness* courses have opened a doorway to that consciousness for us to explore now. All we have to do is step through it.

Participant: The teachings have been both excellent and profound. Almost immediately I began to notice dramatic changes in my consciousness and life. People who knew me noticed the changes also. The teachings guide one away from a more narrow view of life to a more spontaneous expression of one's natural expression of love and divinity.

Participant: I feel like with Level Four and Five I have reached a level on a daily basis that is just so peaceful, there is inner joy that really there is no reason for.

Participant: I have a small business. Even though the economy is insane right now, and some clients are pushing back contract dates, and other clients are canceling contracts, when I go to the "knowing space" I can operate up there. There is no way I am going to operate back down in that chaos. (Two years later, this participant says her business is really booming.)

Visit our website to listen to or read many more comments on the five levels by following the [link](#) from the LB941 product page.



Light Body Consciousness Courses Can be taken by all Light Body Graduates

Part 1 Exploring Connections with Light Body Consciousness

Part 1 and 2 of these courses can be taken with or without LB941–LB945

As a graduate of DaBen and Orin's *Awakening Your Light Body* course, you are eligible to take *Exploring Connections* and *Manifesting from Light Body Consciousness*. You can tap into the unlimited power that lies within you. Imagine that you are a drop in the ocean. As a small drop you may feel powerless and helpless.



As you recognize the ways you are connected to the ocean, and indeed become aware that you are the ocean of consciousness itself, you now know that you are omnipotent, omnipresent, and omniscient.

With this connection you can experience having all you need

when you need it, such as ideas, energy, enthusiasm, inspiration, funds, contacts, business, clients, and resources to carry out whatever you are working on. Includes 20 DaBen meditations, Duane talks and exercises, and a PDF with transcripts of all talks and meditations. Also included are 5 additional meditations, one for each of the five Light Body

Consciousness stages. LB947E \$200

Comments: "This was one of my favorite light body courses, and what I learned is immediately useful in my life."

"I experienced both an enormous expansion of consciousness and received many practical ideas at the same time."

Part 2 Manifesting from Light Body Consciousness

With light body consciousness skills you have much more consciousness you can bring to manifesting. You can learn 4th dimensional manifesting and create the results you seek in new, easier, and more effective ways. (Visit our website to read more about this course and higher dimensional manifesting.)



You will learn how to draw to you what you see by matching the vibration between you and the form being manifested. Manifesting is no longer about "how" to manifest, but instead about "what" to manifest.

You can experience abundance, peace, and joy in your life, experience gratitude,

and be able to find the flow of the energy of your life from an Immense Space of infinite consciousness to ordinary reality. Shifting energy at the level of consciousness you will reach even just once during this course can change your life in wonderful ways. This shift can be expressed as new opportunities, circumstances, ideas, and perspectives. Contains 24 DaBen meditations, Duane talks, PDF with transcripts. Part 1 is a prerequisite to get the most out of this course.

Download LB948E \$200

Comment: "I have a much more profound understanding of manifesting and how it works. Thank you, thank you!"

Transitions into Balance

A special course for graduates of Levels 1–5 *Light Body Consciousness* courses to assist you in making the transition to new realizations of who you are in these higher spaces, and in expressing these realization in your daily life. 16 DaBen meditations, transcripts. LB946E \$125

Light Body Consciousness Teacher's Course

Complete Levels 1–5 (LB941–LB945) and this Teacher's course to be eligible to teach the *Light Body Consciousness* level courses you have taken, including the *Building Consciousness* series. More information on our website. Contains 14 meditations, talks, PDF LB854E \$195

Building Your Consciousness Series



Expanding Your Consciousness

Experience states of consciousness beyond the mind—pure awareness—understanding at an experiential level what consciousness is. With these skills your personality can transform, your perspective expand, and you can move beyond past limits. 13 DaBen meditations, and transcripts.

5 CDs LB921D \$89 Download LB921E \$79

Continuity of Consciousness

Develop continuity of consciousness from birth to death, from awake to sleep states, and from higher, expanded states to ordinary reality states. Go beyond your earth life to sense the continuity of all your lifetimes on Earth, so you can know more about your higher purpose and why you are here. 12 DaBen meditations, Duane talks, and transcripts.

6 CDs LB922D \$89 Download LB922E \$79

Radiating Consciousness

Radiate consciousness to transform the energies about you. Find the energies that are ready to shift and radiate to them and find more light, love, flow, peace, and harmony reflected back to you. You will learn resonance and how to find energies that are in harmony with yours. 10 DaBen meditations, Duane talks, and PDF booklet with transcripts.

5 CDs LB923D \$89 Download LB923E \$79

Special Offer for the Building Your Consciousness Series: Save \$42

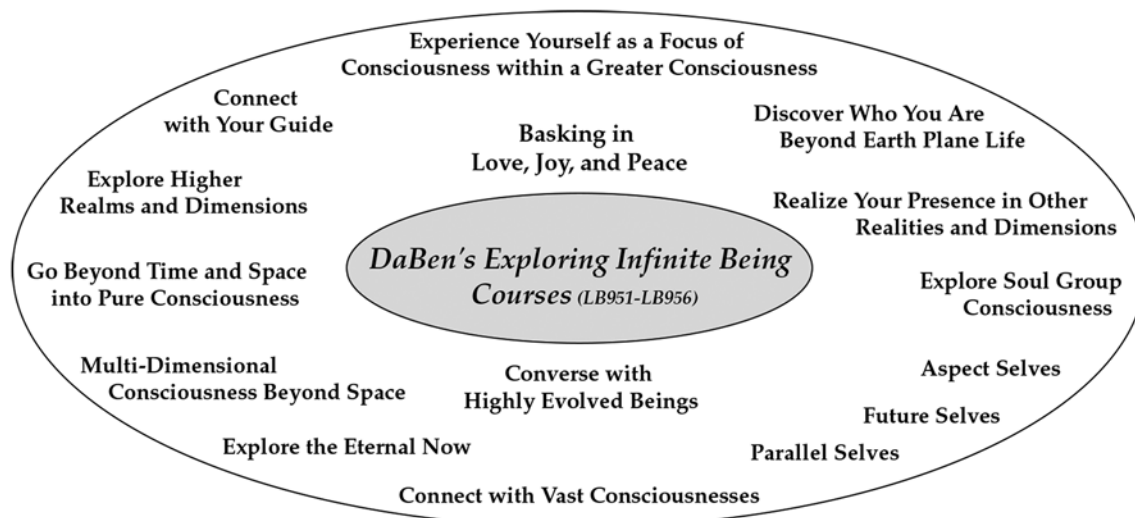
These 3 courses were taught as a series. Buy all 3 downloads at the same time for \$195, or \$225 for CD albums.



DaBen's *Exploring Infinite Being* Courses

Exploring Infinite Being

Some key experiences you may have as you explore your infinite being.



Duane's Message about the *Exploring Infinite Being* Series

Join Us in a Classroom of Light

Imagine a classroom of light, created just for you who are ready by DaBen and some very, very evolved Beings of light. These inner teachers will be present to assist you in reaching levels of consciousness, light, and beauty never before offered by DaBen as you explore the *Infinite Being* series.

This consciousness will illuminate your being and your life with greater beauty and light, transforming your consciousness. You become a beacon of light as you radiate this consciousness to others.

Receive Energy from Highly Evolved Beings

Throughout the *Infinite Being* courses you will have opportunities to expand your connection to your guide. DaBen and your guide will assist you in contacting and conversing with some very evolved Beings to receive guidance, energy, and blessings from them. They will offer you many gifts of consciousness that you can use for years to come. You do not have

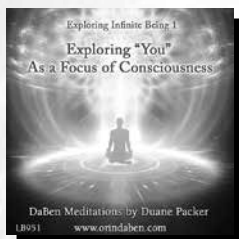
to have a prior connection to your guide as DaBen provides many opportunities in his meditations for you to make this connection. DaBen wants to offer you this very special teaching that has been his private work with me as he feels that many of you are now ready to vastly expand your consciousness in this way

I have worked extensively with these high beings for many years. They have agreed to connect with you individually as you listen to DaBen's *Infinite Being* meditations. They will guide you to experience their higher realms and dimensions, so you can expand your consciousness in new ways. You can continue to experience the ever-increasing shifts these beings will offer you for years to come, bringing you many breakthroughs and opportunities for expanding your consciousness and transforming your life.

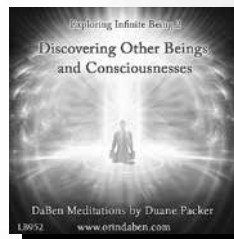
I am looking forward to having you experience what these beings have to offer as you take these courses. For me, working with them has brought many transcendent experiences. Exploring in this way has been of so much value to me that DaBen and I want to teach you how to experience these special places and Beings yourself.

DaBen's *Exploring Infinite Being Channeling Courses*

We suggest taking these courses in order, however each course is complete in itself. All courses are high quality, digitally edited stereo MP3 download and streaming.



Part 1 Exploring "You" As a Focus of Consciousness LB951



Part 2 Discovering Other Beings and Consciousnesses LB952

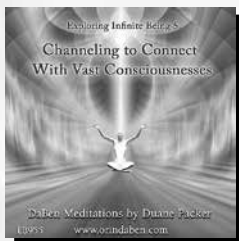


Part 3 Channeling Your Guide, Discovering Connections LB953

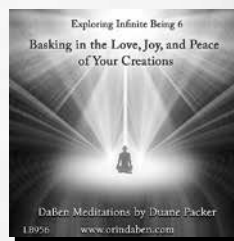
DaBen's Exploring Infinite Being Series



Part 4 Channeling to "Converse" with Other Sentient Beings LB954



Part 5 Channeling to Connect with Vast Consciousnesses LB955



Part 6 Basking in the Love, Joy, and Peace of Your Creations LB956

Exploring Infinite Being Channeling Courses, Information

Meet Your Aspect Selves and Future Self

Throughout this series you will explore yourself as you exist in other realms and dimensions. You will come to realize that your current earth life is only a part of how the vaster "you" is being expressed. With this awareness you can shift energy at a profound level rather than working hard and struggling to change your life and circumstances at the personality level.

A primary experience that you will explore throughout this series will be to know yourself as a focus of consciousness in the Oneness. This can create a paradigm shift in your understanding of who you are. This understanding can shift every area of your life as it gives you a new context from which to view your circumstances and relationships. With this new understanding it is much easier to feel loving and peaceful, stop efforting, and flow with the universe.

Dissolve More Earth Plane Limitations

As you explore the infinite being that you are, you can dissolve the limitations and boundaries you have placed on yourself. You open many avenues through which the higher energies can express themselves. You realize that there is much more opportunity than you were aware of, for your life to be joyful and free.

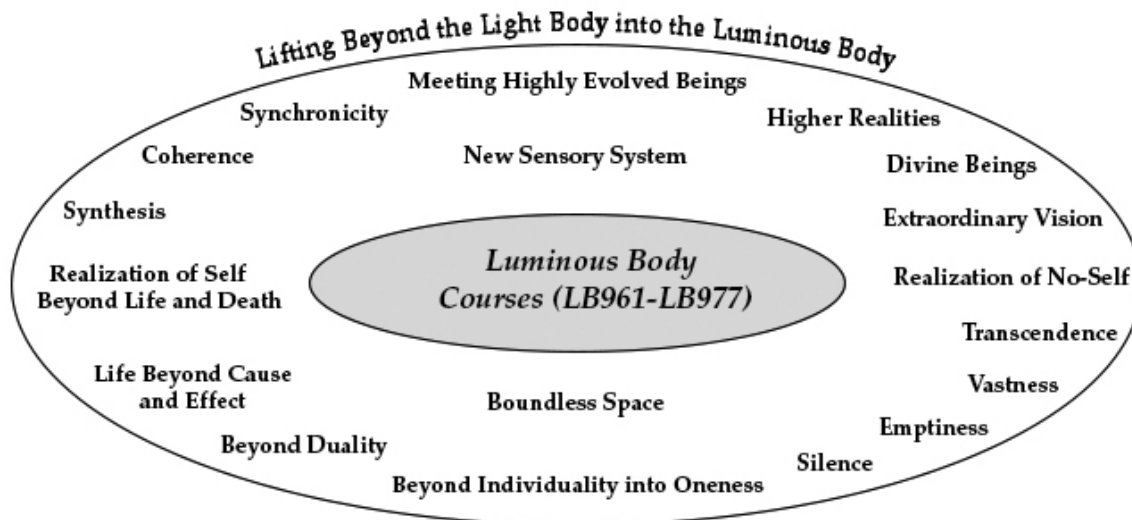
Purchase All Six and Save \$200!

Cost is \$200 per course. Each course contains approximately 20–22 DaBen light body meditations, Duane talks, and PDF transcripts in download format. Cost is \$1,200 for all six if purchased separately.

You can save \$200 if you purchase all six courses at the same time, cost is \$1,000. To receive the discount please do not order online; [you will need to email us staff@orindaben.com with your order.](mailto:staff@orindaben.com)



Lift Above the Light Body in DaBen's Luminous Body Series



Message from Duane about the Luminous Body

See pages LB23–LB25 for more Luminous Body Courses

Duane: Working with the luminous body energies has had an impact on every level of my life and consciousness. Lifting up to the luminous body has felt like taking an initiation into a whole new understanding. Doing this has opened doors to luminous dimensions and the evolved, luminous beings who are there of which I had never before been aware. It has brought me many major expansions of consciousness and a new perspective on my life, purpose, and relationships. The luminous energy opens up whatever energies you are working with, from thoughts to emotions, to getting new insights and perspectives, and so on.

Your sense of self will expand as you become aware of your identity at a higher level.

As you discover and build your luminous body you can experience increasing confidence in yourself and your ability to create what you need in each moment. Your guidance will be clearer and you will have greater trust in the accuracy of your perceptions, interpretations, and understanding of whatever is happening.

As you travel in and explore the luminous realms you can experience a vast awareness, an expansiveness, a sense of being unrestricted. This will translate back to your daily life as letting go of limitations, a feeling of spaciousness, and greater freedom from past attachments, patterns, judgments, and attitudes. Your perceptions change and your spiritual vision expands as you experience your luminous body.

Lifting up to the luminous body allows you to more easily change your life. In the luminous body you reorient your consciousness to a greater light and reach a high point where you are able to free yourself from mass consciousness ideas and thought forms. As your consciousness expands you can continually upgrade and improve your circumstances, make the needed changes in your relationships to bring greater peace and harmony, and create shifts in your sense of well-being.

In each DaBen course, you are opening doors to higher, finer, more expansive energies than humanity has yet brought into earth plane expression.

The luminous body teaching is an expansion beyond the light body and *Infinite Being* courses. It is on the leading edge of human consciousness, and offers deep insights into the very nature of who you are.

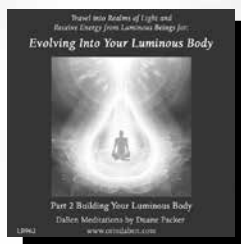
DaBen, your guide, and many luminous beings will assist you in opening up to the luminous body.

These beings will work with you at whatever skill level you are at to assist you in understanding, opening to, and experiencing states of luminous body consciousness.

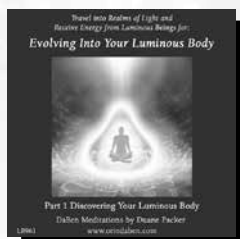
As you explore the luminous body spaces you will be developing a new sensory system. You can become aware of increasingly more refined, beautiful energies of light. You will be better able to attract and draw to you the forms, circumstances, emotions, and thoughts that reflect these beautiful energies.

Graduate Light Body Courses with Duane and DaBen

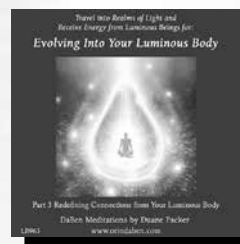
Evolving Into Your Luminous Body Series



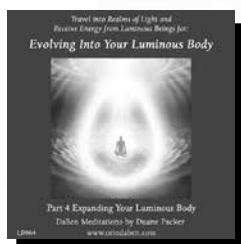
Part 2 Building Your Luminous Body LB962



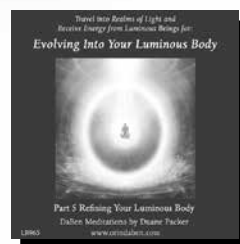
Part 1 Discovering Your Luminous Body LB961



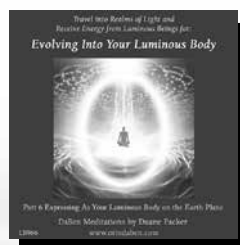
Part 3 Redefining Connections from Your Luminous Body LB963



Part 4 Expanding Your Luminous Body LB964



Part 5 Refining Your Luminous Body LB965



Part 6 Expressing as Your Luminous Body on the Earth Plane LB966

Enjoy DaBen's entire six-part *Evolving Into Your Luminous Body* series. Visit our website at www.orindaben.com for more information about each course.

DaBen and many very high luminous beings will assist you in discovering your luminous body throughout these *Luminous Body* courses.

You will be developing a new sensory system that allows you to experience vast, exquisitely beautiful luminous realms and bring this luminous energy into your daily life.

The luminous light you will discover is a new quality of light and consciousness that DaBen has not offered in the past. This light is a higher light than what you explored with your light body and brings you into a new realm of being.

You can have a greatly expanded sense of who you are and what is possible to create on the earth plane as you explore your luminous body. You can experience increasing confidence in yourself and your ability to create what you need in each moment. Your guidance will be clearer and you will gain more trust in the accuracy of your perceptions, interpretations, and understanding of whatever is happening in your life. You can better let go of limitations, attachments, patterns, and old beliefs.

Your sense of self will expand as you become aware of your identity at an even higher level.

You will explore your thoughts and how you can stay clear of mass thoughtforms, as well as receive luminous thoughts that lift you into new ways of thinking and being. You will expand your connection to your guide as you explore luminous realms of light, and meet and connect with luminous Beings who have many gifts of consciousness to offer you.

General course information:

Each course contains 20–22 DaBen meditations, talks, and PDF transcripts in download format. Originally taught as a live seminar, all audio has been digitally edited for a high-quality audio experience. Please go online for more information. Search for product numbers LB961–LB966. Cost is \$400 each, or \$2400 if all 6 purchased separately. If you purchase all 6 at the same time you can receive one free for a total of \$2,000.

We suggest taking these courses in order, however each course is complete in itself. All courses are high quality, digitally edited stereo MP3 download and streaming.

The Luminous Body Series
DaBen's Luminous Body Courses
Participants' Feedback and Comments

DaBen's Luminous Body Courses
Feedback and Comments

The following feedback is from seminar participants about the shifts they experience in the luminous body states:

I realize now that there are many more options available to me than I ever knew existed before. I can now move forward; I know what I need to do. I am no longer afraid. I know new thoughts will unfold to support me.

Experienced profound love: During a journey I felt like I entered a whole new dimension of light, with vast beings and a feeling of profound love beyond what I have ever experienced. I will never be the same. I cannot wait to continue to explore this whole new luminous realm.

Thoughts and Beliefs: I now realize that certain thoughts and beliefs have been imprisoning me, and how with the luminous body I can lift above them.

Guidance: In these spaces I have experienced clear guidance that involve inner visions and inner hearing, giving me wonderful ideas about which ways to go.

Incredible Peace: The experience of peace cannot be described because it is a different state than what we think of as ordinary peace. There needs to be a new word for this deep peace.

The next step on my path was given to me during a journey! This is an answer to all of my asking to know what I am to do next. This just dropped in, out of the blue, during the journey!

Developing new senses: What a wondrous seminar that was! (*Discovering Your Luminous Body*) I've been doing these seminars remotely and I find the energies strong and powerful. The energies feel so flowing, soft, smooth and expansive that it is effortless. I feel as if I have a new set of eyes and sense things differently. This is carrying through into my outer life It's quite marvelous. J. S. (Canada)

Energy is extraordinary: I completed *Redefining Connections*, and it is indescribable! The depth and the energy were extraordinary. I feel on the verge of a completely new world. T. S. (Great Britain)

Enormous shift and opening: Hello, I'm in London and I have just finished the *Refining Your Luminous Body*, seminar remotely & I would like to say THANK YOU so much to Duane and DaBen for the whole series so far, but especially for this course because I have just had the most enormous shift and opening. It feels as though I am now playing on such a vastly bigger and more open scale that it makes me laugh & cry! I can no longer hide

Experience Luminous Energy Right Now

If you would like to experience luminous light, ask DaBen and your own guide to assist you right now and make a connection to them. Close your eyes and imagine you are entering into an iridescent, glowing luminous light that extends as far out into the horizon as you can imagine. Let this luminous light permeate your thoughts, emotions, and the cells in your body. As this happens, more light begins to form within the light and everything this light touches grows brighter. This light lifts your thoughts and emotions. It brings more light and harmony to your physical body.

This body of luminous light is highly evolved, living consciousness. As you connect with it, its luminous light puts a higher order into your thoughts and into your circumstances, activities, and relationships. It allows you to experience your higher mind so you can have profound insights and new perspectives that in a flash can solve years of confusion or problems.

The luminous body spaces are exquisite, peaceful, and incredibly transformative. Luminous light opens up anything you are working on or thinking about.

What are the meditations like? Do I need to have a lot of light body experience to take the Luminous Body seminars?

People at all levels of light body skill participate in the seminars, both in person and online. Your guide and many highly evolved Beings will assist you. During each meditation DaBen transmits to you individually to assist you in having life-changing, peak experiences. All experiences are available to you!

or see things as they once were because everything is all just so much more beautiful and powerful and right. C. B. (Great Britain)

I had some driving force in me to take this seminar, (*Expressing as Your Luminous Body*) so I took it remotely, even though I have not done the last 5 parts. I must say OMG! ALL of the meditations are so exquisite and so uplifting. I loved the one for number 10 issues, physical ease, and expressing Luminous Body as thoughts. The *Becoming Your Luminous Body* journey literally knocked me out it was so joyous and strong. I look forward to completing all the other parts in this series. I saw while doing some meditations that about 3 or 4 beings (about 20-30 feet tall) were sending their energies/blessings straight in my head center and there was no sense of fear; this is something I have never experienced before. F. K. (Australia)



DaBen's Most Recent Luminous Light Courses For Light Body Graduates

*Please also refer to page LB22-LB24 and
Current Luminous Body seminars starting on page LB5-LB7*

The *Luminous Light* courses work together with the *Living the Light Body with Luminous Light* courses below. All of the courses on this page are stand-alone courses but also work together as sets. Extensive information is available on our website.

Series: Being Luminous Light (LB971, LB972, LB973)



Part 1 LB971
Being Luminous Light: BEING
\$400 Works well with LB704 as well as LB972 and LB973.



Part 1 LB704
Living as Your Vast Consciousness
\$225 Works well with LB971 as well as with LB705, LB706.



Part 2 LB972
Becoming Luminous Light \$400 Works well with LB705 as well as LB971 and LB973.



Part 2 LB705
Becoming a Representative of Vast Consciousness
\$225 Works well with LB972 as well as with LB704, LB706.



Part 3 LB973
Evolving with Peace \$400
Works well with LB706 as well as LB971 and LB972.



Part 3 LB706
Evolving with Vast Consciousness \$225 Works well with LB973 as well as with LB704 and LB705.

Series: Luminous Body, Portal to Your Consciousness (LB967, LB968, LB969)



Part 1 LB967
**Awakening New Potential, Accessing
Greater Depths of Your Being**
\$400 Works well with LB701



Part 1 LB701
**A New Way of Being, Using Light Body and
Luminous Light to Transform Your Daily Life**
\$225 Works well with LB967

The theme of both is about recognizing who you are and being true to yourself.



Part 2 LB968
**Dynamic, Perfect Harmony Within and
Without** \$400
Works well with LB702 and other courses in this series.



Part 2 LB702
**Creating Empowering Relationships with Light
Body Energy** \$225
Works well with LB968 and other courses in this series.

***The theme of both seminars is about
Bringing your relationships into harmony with your innermost Self.***



Part 3 LB969
**Exploring the Immense Scope of Your Life
and the Nature of Reality** \$400 Works well with
LB703 and other courses in this series.



Part 3 LB703
**Living the Light Body: Expanding Your Role
in the World** \$225
Works well with LB969 and other courses in this series.

The theme of both is playing bigger, living your purpose, and making a difference.

Welcome to the new PDF version of our newsletter. There are many wonderful features that a PDF version makes possible, such as hyperlinks to our website, and links you can click on to go to pages within this newsletter for ease of navigation.

Website hyperlinks: Clicking on text that is [blue](#) will take you to a page on the Orin and DaBen website. For these to work, you will need to be connected to the Internet.

Ordering products in this newsletter: If you are connected to the Internet, then simply click on the blue product title hyperlink or the product number and you can order at anytime using our secure website store. You can also call us at (541) 770-6700 and we will be happy to assist you. In addition, you can fax or mail in your order.

Newsletter hyperlinks: Clicking on text that is [purple](#) will take you to a page within the newsletter. This is especially useful if you have downloaded this PDF file to your computer and are viewing it without an Internet connection.

Bookmarks: In the Navigation pane on the left is a tab called Bookmarks. If you click on and expand this, you will see many links to newsletter pages. If a particular bookmark has a plus sign in front of it then left click on it with your mouse to expand the view to see and use the additional bookmarks that are nested underneath. By clicking on a Bookmark you are taken to that page within this PDF file. You can show /hide this Bookmark tab by pressing the F4 key.

Getting to a particular page: If you know the page number that you wish to go to, you can type that number in to the window at the bottom of the screen. At the bottom of the screen, the green circle icons with an arrow can be used to go backwards or forwards through the pages that you have already viewed.

Printing: This file is designed to be printed on paper that is 8.5" x 11" (or A4 paper 210 x 297 mm). For tips on printing using an Adobe Reader product, click on the Help menu and read the topic on "printing", which will tell you how to increase or decrease the size of what gets printed on a page. Note: For example, if a page number is listed as "10" (rather than "LB10") that page is in Orin's newsletter and can be viewed in our printed newsletter, or in the separate [PDF version of the Orin newsletter](#).

PDF Tips for you who enjoy shortcuts and useful information

Downloading newsletter to your computer: With the newsletter visible on your computer, from menu click **File | Save a Copy**, and choose where you want to save the PDF newsletter on your own computer hard drive.

Magnifying or decreasing type size: You can adjust the appearance in many ways including using your keyboard to increase magnification (Ctrl and +) or to decrease magnification (Ctrl and -). You should also see a percentage magnification window toward the top of your screen.

Show/Hide Navigation Pane on left side of screen: The F4 key acts as a toggle and will show /hide the Navigation pane at the left side of the screen.

Help: If you are using the free Adobe Reader software for viewing this PDF file, Adobe has excellent, brief instructions about how to get the most out of Adobe Reader. You should be able to view these instructions by clicking on the word "Help" at the top of this screen and then clicking on "How to ... Adobe Reader Essentials". The screen that comes up will probably have links to articles similar to the following that we suggest you read:

Navigate PDF Documents

Search PDF Documents

Customize the Viewing Environment

If you click on "Help" and then "About Adobe Reader" the screen that comes up will let you know the exact exact version n that you are using. If you want to get the latest free version of the software you should check the [Adobe](#) website.



Exploring Infinite Being Series

DaBen's Exploring Infinite Being Series

People's Comments and Feedback. (You can read more comments [online](#))

Thank you so much for the Exploring Infinite Being series. I have felt myself changing with each part, releasing so much and flowing so much more. I am nearly at the end of part 4 and I have enjoyed so many of the meditations. I had such a lovely experience with Totality of Experience, Beyond Observer meditation. I loved it so very very much that I cried when I came to the end and it was hard to let go! C. B. (Great Britain)

This is truly life-changing. I just completed the seminar remotely and was completely blown away by the experience of being in these spaces interacting with the beloved beings who are sponsoring this event...Words feel limited for expressing the expansion and new sense of awareness...something I've been reading from the spiritual books and only now got to have the experience directly ...I am so looking forward to the next seminars to come... K. L. (NY, U.S.A.)

Two Archangels This was the first seminar I attended in person. Everybody was very kind and friendly. During the meditation in the afternoon of the second day, I had a direct meeting with two wonderful great beings, very beautiful and powerful archangels! They invited me to visit their home in the spirit world and assured me of their help and support for all my needs and desires. They told me that all I have to do is just ask them for help! I really appreciated this amazing experience that remained in my heart and soul. P. T. (France)

Received a new guide: I am in an almost constant state of gratitude for having found you and become a part of the process. More and more I am finding that my persistence is paying off with insights that come from specific meditations and also from the cumulative effect of all of the courses. I also thank you for bringing the new guide to each of us. There have been many shifts in my life--sometimes a series of small shifts that are amounting to a big shift. My trust, faith, and joy are steadily increasing. P. W. (OR, U.S.A.)

Focusing love and compassion: I wanted to write to you about the seminar with gratitude for the power and the direction in which you and DaBen took us; DaBen's new direction to focus our love and compassion on the broad scale to which you introduced us. So, thank you! J. H. (Australia)

The energies are so beautiful, so lovely, so exquisite, so peaceful, and so blissful beyond! Thank you to you, DaBen, and all the Guides and Incredible Beings who are assisting us with the seminar. The Beings who are helping us are also incredible beyond words! What spaces that they are assisting us in opening to! Gratitude pours out! These meditations are so beautiful and really do feel like "home" so profoundly . . . smile . . . Ones to listen to many times... T. W. (AR, U.S.A.)

I loved taking the seminar remotely. Profound! Although it's a new experience for me to do this seminar remotely, I find the experience as profound and full as if I were there in person. Although my personality misses seeing and interacting with everyone, this is the perfect way for me to experience this seminar. As always thank you, DaBen and all the beings who are holding the space for us. I can feel many shifts taking place including in my physical body. P. D. (CA, U.S.A.)

I am filled with amazing joy. I am noticing that slowly, one by one, the seminar meditations are opening up to me like bright stars of new consciousness. I know that my new guide is quite involved in supporting me with these openings. He also comes in strongly when I channel now. Life is much more fun, with wonderful surprises and synchronicities peppering my path daily P. W. (OR, U.S.A.)

Feeling in alignment After the seminars I feel so fulfilled, I feel in total alignment and the connection is always there, solid. I feel grateful for this fantastic adventure. J. M. (Netherlands)

My upward connection is deepening and my channeling skills are improving G. D. (Belgium)

It was beautiful to connect with sentient beings! My Heartfelt Thanks! I just had to let you know how very much I enjoyed our last seminar!!! It was so beautiful and connecting with other sentient beings was utterly delightful. I continue to listen to the meditations and am amazed at the ease and effortless I experience. There is a sense of having let something go, a feeling of liberation. I have more ideas and solutions to certain situations, some of which are really simple. J. S. (Canada)

I had a very great shift after this seminar (LB955). I saw and felt great and new sensations, also with the previous seminars, but this one in particular opened the flow of money...and in these days I'm feeling a sort of awakening. When I think about something, I feel secure of the purpose, has it as an I'm going to do, as a kind of precise focus. Very interesting for me this consciousness of thoughts I'm living in these days. I no longer feel asleep as before and more present in the earth plane. N. G. (Italy)

This seminar initiated a significant change for me. The last seminar of Basking in the Love, Joy, and Peace (LB956) initiated a significant change for me. I no longer feel that I need to focus to find the higher spaces. It is more like having a little glowing shadow friend that I can choose to see/feel at will. I keep this energy active while I work with people (even if they are grumpy!) I am a happy camper. K. L. (AZ, U.S.A.)

DaBen can truly life is so co ch a sens nt to be i e decisio

or want a larger perspective

your power to mar these higher levels.

Your first level of experie from being an individual, b in these beings, are of con and you have the full pov infinite consciousness av you. You will explore h nouncing all the power tha that is a part of your l

Power means that you hav resources, energy, and con to accomplish something. want to accomplish will be by being in these spaces.

You will be joined on the in by several very large "Pre

These are highly evolved b will assist you in discove about your being. J. M. (Netherlands) You can that your consciousness c one group consciousness af each more expansive and h

You will As you enjoyed more ce recognizing the evolving expression, you there is not some fixed mo of being that you are trying but you are creatively evo which are really expression.

With each shift into high you perspective will revealing a different lan your life.

From the perspective of y these has it as an planes, your consciousness a much larger consciousness levels. Realizing this you ha immense energy, because it

Keep this page, has stuff on it for X65

Add back in Teacher's page but I already put on LB13 some of it

PLEASE VISIT OUR WEBSITE FOR **CURRENT HOTEL, LOGISTICAL, REGISTRATION AND SEMINAR INFORMATION**

